

## Tentative - 2023 H L A Calendar of Local & National Events

<u>Day(s)</u>	<u>Date(s)</u>	<u>Event</u>	<u>Time</u>	<u>Place</u>
<b>Sunday</b>	<b>January 1</b>	<b>21<sup>st</sup> Annual Polar Bear Plunge</b>	1:00 pm	Main Beach, E H
Sundays 3/5 – 6/18 (15 Su)		<b>Jr. LG Evaluation, Training &amp; Testing</b>	1:00 - 2:30 2 Secs.	EH YMCA Pool
Sundays 3/5 – 4/2 (5 Su)		<b>LG Conditioning &amp; Training</b>	2:30 - 4:00 pm	EH YMCA Pool
Sundays 4/16–5/21 (6 Su)		<b>LG Stillwater Course (also at Alb Bch 5/30-6/16)</b>	2:30 - 4:00 pm	EH YMCA Pool
<b>Saturday</b>	<b>May 6</b>	<b>14<sup>th</sup> Annual Summer Kickoff Party</b>	3:00 - 8:00 pm	The Clubhouse, EH
Sundays 4/16–6/18 (9/10 Su)		<b>Nipper Evaluation, Training &amp; Testing</b>	1:00 - 2:30 pm	EH YMCA Pool
<b>Saturday</b>	<b>May 20</b>	<b>International Water Safety Day</b>	???	<b>Lifesaving Sta, Amag</b>
<b>May 27, 28 &amp; 29</b>		<b>June 3 &amp; 4      June 10 &amp; 11</b>	<b>Some Town &amp; Village Beachs Open</b>	
Weekdays	5/30 - 6/16	<b>Ocean LG Training Course</b>	3:30 pm	Maidstone Club, E H
Weekdays	5/30 - 6/16	<b>(Cont.) LG Stillwater Training Course</b>	3:15 pm	Alberts Lndg Bay Beach
Fri, Sat & Sun 6/2, 3 & 4		<b>LG Jet Ski Training Course</b>	8 am – 6 pm	Main Beach, E H
Tues & Thurs 5/30 & 6/1		<b>1<sup>st</sup> Full/New C P R Course</b>	7 - 10 pm	T. Field's Home, Amag
Tues & Thurs 6/6 & 6/8		<b>2<sup>nd</sup> Full/New C P R Course</b>	7 - 10 pm	T. Field's Home, Amag
Tuesday	June 13	<b>1<sup>st</sup> Ref. C P R Course - <u>Town LG's Only</u></b>	7 - 10 pm	T. Field's Home, Amag
Thursday	June 15	<b>2<sup>nd</sup> Ref. C P R Course - <u>Town LG's Only</u></b>	7 - 10 pm	T. Field's House, Amag
Saturday	June 17	<b>All Beaches Open Full Time</b>	9:00 am	Town & Village Beaches
Saturday	June 17	<b>1<sup>st</sup> E H LG Ocean Test</b>	9:00 am	I. W. Beach, Amag
Saturday	June 24	<b>Jr. Lifeguard &amp; Cadet Programs Start</b>	9:00 am	Kirk, Atl Ave & Main Bchs
Mon & Wed 6/19 - 7/26		<b>Ocean LG Summer Training Course</b>	6:00 pm	I. W. Beach, Amag
Monday	June 26	<b>2<sup>nd</sup> E H LG Ocean Test</b>	11:00 am	Main Beach, E H
Mon & Wed	June 26	<b>Montauk Nipper Programs Start</b>	9:00 am	East. Lake Bay Beach
Tues & Thurs	June 27	<b>Amagansett Nipper Programs Start</b>	9:00 am	Alberts Lndg Bay Beach
Monday	July 18	<b>E. H. Main Beach LG Volleyball Tourn.</b>	6:00 pm	Main Beach, E H
Thursday	July 27	<b>36<sup>th</sup> Annual E. H. Main Beach LG Tourn.</b>	4:00 pm	Main Beach, E H
Monday	?7/31?	<b>Suffolk County Lifeguard Tournament</b>	9:00 am	Smith Point Beach, F I
Monday	8/7	<b>1<sup>st</sup> E H Ocean Re-cert. Test</b>	9:00 am	Main Beach, E H
Wed & Thurs	8/2 & 8/3	<b>6<sup>th</sup> Annual Nipper Tournament</b>	8 am - 1 pm	Alb Lnd & Atl Bch
Sat. & Sun.	Aug 5 & 6	<b>25<sup>th</sup> Annual E. H. Junior LG Tourn.</b>	8 am - 1 pm	Atl Ave Bch, Amag
Monday	8/14	<b>2<sup>nd</sup> E H Ocean Re-Cert. Test</b>	9:00 am	I. W. Beach, Amag
Wednesday	Aug. 9	<b>USLA Nat. Jr LG &amp; U19 Tournament</b>	All Day	Virginia Bch, VA
Thurs - Sat	8/10, 11 & 12	<b>USLA National LG Tournament</b>	All Day	Virginia Bch, VA
Sunday	Sept. 3	<b>EHVOR "Red Devil" Open Water Swim</b>	5:00 pm	Atlantic Ave Bch, Amag
Monday	Sept. 6	<b>All Beaches Closed Weekdays</b>	6:00 pm	Town & Village Beaches
	<b>Sept 9 &amp; 10</b>	<b>Sept 16 &amp; 17</b>	<b>Some Town &amp; Village Beaches Open</b>	
Monday	Jan. 1	<b>22<sup>nd</sup> Annual Polar Bear Plunge</b>	1:00 pm	Main Beach, E H