



TOWN OF EAST HAMPTON

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JOHN J. RYAN Jr.
CHIEF LIFEGUARD

Training, Evaluating & Testing Program

for the

2023 Summer Nipper Guard Program

Age 6, 7 & 8

(as of 7/1/23)

at the

YMCA East Hampton RECenter Pool

No Fee

RECenter Pool on Sundays starting May 8 at 1:00 pm

Please bring your own Cap & Goggles

Sundays – 1:00 to 1:45 p. m

4/16

4/23

4/30

5/7

5/14

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5/21

5/28

6/4

6/11

6/18

All NEW & RETURNING NIPPERS need to pass the RECenter Swim Test

Sign –up as of 4/1/22 Register online

Go to - ehamptonny.gov



Want to get your child's feet wet while experiencing an open water swim program much like our East Hampton Junior Lifeguard Program? This program will provide many of the same components that the junior program offers including swimming, running, paddle-boarding, and marine and beach educational activities. These water safety and awareness activities will be modified based on swimming abilities and age requirement for this program.

2023 Nipper Guard Summer Program

Sign –up Register online Go to - ehamptonny.gov

Program Fee \$60

Albert's Landing Bay Beach, Amagansett

Tuesdays & Thursdays Begins 6/27 - Ends – 8/2

All 11 Sessions are from 9:00 to 10:30 am

&

East Lake Bay Beach, Montauk

Monday & Wednesdays Begins 6/27 - Ends – 8/4

All 11 Sessions are from 9:00 to 10:30 am

NIPPER LIFEGUARD TOURNAMENT

at

**Alberts Landing Bay Beach
Water Events Wednesday - 8/2**

**Atlantic Avenue Ocean Beach
Beach Events Thursday – 8/3**

All Nippers enrolled in the Summer Program will receive a t-shirt

Program Directors

Haley Ryan - haleeryan323@gmail.com

Vanessa Edwardes - twocoldfeet_4@hotmail.com

Program Coordinator

John J. Ryan Jr.